To explore an evaluation for a Learning Disorder: Autistic Spectrum Disorder (ASD), Specific Learning Disorder (Dyslexia, Dyspraxia, Dyscalculia etc) or ADHD etc

If you are concerned that you have Autistic Spectrum Disorder (ASD), Specific Learning Disorder (Dyslexia, Dyspraxia, Dyscalculia etc) or ADHD (Attention and Deficit Hyperactivity Disorder) etc. that may be interfering with your academic life here at UNC, it might be possible to have a psycho-educational evaluation.

To explore whether an evaluation makes sense for you, you can talk to ARS/CAPS/The Learning Center. If you do not feel comfortable doing this, you can complete the form below. However, please know that we might have questions for you after reading through your form. Also, be aware that if you have not utilized supports or resources already in an attempt to address
your challenges, it is unlikely that your request will be progressed.

- If you are a resident of North Carolina for tuition purposes and have completed the Free Application for Federal Student Aid for the academic year at fafsa.gov, you may qualify for a scholarship to help fund this formal assessment. To explore that possibility, please complete the following online screening tool. Your responses will be reviewed by a committee comprised of staff from CAPS, Accessibility Resources (ARS) and the Learning Center. If the committee believes you would benefit from a psycho-educational evaluation, it will send your PID to The Office of Scholarships and Student Aid [1] to determine your eligibility for the scholarship. You will receive an email with further instructions after the review and determination is complete.

- If you are NOT a resident of North Carolina and/or are NOT in receipt of financial aid, you will not qualify for a scholarship, and you should not complete the online screening tool below. However, you can review a list of recommended psychologists in the area who conduct psycho-educational evaluations. Please email psychoedevalfunding@unc.edu [2] to receive this list. If you would like to better understand the evaluation process, please talk to staff at Counseling and Psychological Services (CAPS [3]), located on the 3rd floor of the James Taylor Campus Health building. Students new to CAPS or who have not been seen by CAPS within the month must go to a walk-in session. All other students can call to schedule a referral coordination appointment.

First Name * ___________________________
Last Name * ___________________________
PID * ________________________________
UNC Email Address * __________________
What are you hoping for by completing this form? * ________________________________
Consider whether each statement about your past and current performance is true or not.

I received extra help in school/previous college, or parents sought private help outside of school. *
?
True
?
Not true
?
If true, please tell us more...

I had chronic difficulty with one subject or skill area. *
?
No, not particularly
?
Yes, writing intensive classes
?
Yes, reading intensive classes
?
Yes, math/computational intensive classes
?
Yes, foreign language classes
?
Other...

I was always a very slow worker or reader. *
?
True
?
Not true

I had chronic problems paying attention, sitting still, focusing, thinking before acting, managing time and/or task, organizational skills. *
?
True
?
Not true

I required much adult support in time management and study skills before coming to UNC. *
?
True
?
Not true

I was previously diagnosed with a behavioral or mental health issue. *
I was previously diagnosed with a behavioral or mental health issue. If true, please tell us more...

I received informal accommodations (e.g. extra time for exams and assignments, used audio books or other digital tools). *

I have trouble finding a balance between academics and social activities. *

I continually struggle in one subject area or type of class. *

I am working long hours, but my grades don’t reflect the effort and time expended. *

I struggle with managing time, assignments and daily chores etc. *

Part 2: Current Struggles at UNC:

Consider whether each statement about your past and current performance is true or not.
I have difficulty focusing in class lectures. *
Not true
I have difficulty completing exams successfully in the allotted time. *
Not true
I experience high levels of stress, depression or anxiety, and have sought help. *
Not true
I have already sought support for a behavioral or mental health issue at UNC. *
Not true
I have already sought support for a learning/studying issue at UNC. *
If true, please tell us more...
I have chronic problems paying attention, sitting still, focusing, thinking before acting, managing time and/or task, organizational skills. *
Not true
I have received informal accommodations (extensions for reports, papers, extended time for exams). *
Consider whether each statement about your past and current performance is true or not.

I have family members diagnosed with LD and/or ADHD. *

? True

? Not true

Teachers, friends and/or family have wondered whether I might have LD and/or ADHD. *

? True

? Not true

Part 3 - Other

Part 4 - You must write a minimum of 100 words for this section; submissions not meeting this minimum requirement will be returned.

class. Be specific and consider the following: > Paying attention to lectures > Comprehending lectures > Note-taking > Test-taking. *

Part 5 - You must write a minimum of 100 words for this section; submissions not meeting this minimum requirement will be returned.

outside of class. Be specific and consider the following: > Studying > Time-management > Organization > Daily Living. *

Part 6 - You must write a minimum of 100 words for this section; submissions not meeting this minimum requirement will be returned.
Describe the strategies you have tried or used to address your struggles, and what you think would help you improve. If you have used accommodations in the past, whether formal or informal, please explain what they were and their impact.

I have completed the Free Application for Federal Student Aid for the academic year (fafsa.gov) *

? Yes - I have completed the Free Application for Federal Student Aid for the current academic year (fafsa.gov)

? No - I have not completed the Free Application for Federal Student Aid for the current academic year (fafsa.gov)

I am a North Carolina resident for tuition purposes. *

? Yes - I am a North Carolina resident for tuition purposes

? No - I am not a North Carolina resident for tuition purposes

Class registration undertaking *

? I am currently enrolled in classes this semester - Fall 2021.

? Other...

Today's Date *

Month __________ Day _____

Submit

Source URL: https://ars.unc.edu/students/explore-evaluation-learning-disorder-autistic-spectrum-disorder-asd-specific-learning

Links

[1] https://studentaid.unc.edu/

[2] mailto:psychoedevalfunding@unc.edu?subject=Request%20for%20list%20of%20evaluators&amp;body=Please%20send%20me%20the%20list%20of%20evaluators.

[3] https://caps.unc.edu/