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[Home](#) > [Printer-friendly PDF](#) > [Exploring an Evaluation for ADHD or Learning Differences](#)

Exploring an Evaluation for ADHD or Learning Differences

Do you wonder if you have ADHD or a learning difference that may be interfering with your academic life here at UNC? Would you like to receive a formal psycho-educational evaluation to find out? These assessments are conducted by psychologists, and students receive them off campus (UNC staff do not conduct evaluations). Some students may qualify for a scholarship to fund this formal assessment.

If you are NOT a resident of North Carolina and/or are NOT on financial aid, you will not qualify for a scholarship, and **should not complete the online screening tool described below**. However, you can review a list of recommended psychologists in the area who conduct psycho-educational evaluations. Please email psychoedevalfunding@unc.edu [1] to receive this list. If you'd like to better understand the evaluation process, please talk to staff at Counseling and Psychological Services ([CAPS](#) [2]), located on the 3rd floor of the James Taylor Campus Health building. Students new to CAPS or who haven't been seen by CAPS within the month must go to a walk-in session. All other students can call to schedule a referral coordination appointment.

If you are a resident of North Carolina and receive financial aid, you *may* qualify for a full scholarship to fund this formal assessment. To explore that possibility, please complete the following online screening tool. Your responses will be reviewed by a committee comprised of staff from CAPS, Accessibility Resources (ARS) and the Learning Center. If the committee believes you would benefit from a psycho-educational evaluation, it will send your PID to [The Office of Scholarships and Student Aid](#) [3] to determine your eligibility for the scholarship. You will receive an email with further instructions after the review and determination is complete.

For ALL students considering an evaluation: if you need immediate support, feel free to:

- Make an appointment with an academic coach at the [Learning Center](#) [4] to work on learning, study and time-management strategies.
- Visit [CAPS](#) [2] to learn more about psycho-educational evaluations and/or to receive support around mental health concerns.
- If you complete testing and receive a diagnosis of ADHD and are looking to be treated with psychiatric medication, please contact Tracie Hyde (traciebr@email.unc.edu [5]) at CAPS for a medication evaluation.
- Make an appointment with [ARS](#) [6] to discuss options while undergoing an evaluation

First Name * _____

Last Name * _____

PID * _____

UNC Email Address *

The Online Screening Tool to Determine Eligibility for the Corbitt Fund. This online screening tool consists of six sections and is only for students who are residents of NC and receive financial aid. If you do not fully complete all sections of the form as directed it will be returned and not considered for review until a complete form is submitted. If you cannot complete instructions based on a disability, please contact ARS for assistance.

Part 1 - Past Struggles: (Elementary, Middle/High School, Previous College)

Consider whether each statement about your past and current performance is true or not.

I received extra help in school/previous college, or parents sought private help outside of school. *

?

True

?

Not true

?

If true, please tell us more...

I had chronic difficulty with one subject or skill area. *

?

No, not particularly

?

Yes, writing intensive classes

?

Yes, reading intensive classes

?

Yes, math/computational intensive classes

?

Yes, foreign language classes

?

Other...

I was always a very slow worker or reader. *

?

True

?

Not true

I had chronic problems paying attention, sitting still, focusing, thinking before acting, managing time and/or task, organizational skills. *

?

True

?

Not true

I required much adult support in time management and study skills before coming to UNC. *

?

True

?

Not true

I was previously diagnosed with a behavioral or mental health issue. *

?

True

?

Not true

?

If true, please tell us more...

I received informal accommodations (e.g. extra time for exams and assignments, used audio books or other digital tools). *

?

True

?

Not true

Part 2: Current Struggles at UNC:

Consider whether each statement about your past and current performance is true or not.

I have trouble finding a balance between academics and social activities. *

?

True

?

Not true

I continually struggle in one subject area or type of class. *

?

No, not particularly

?

Yes, writing intensive classes

?

Yes, reading intensive classes

?

Yes, math/computational intensive classes

?

Yes, foreign language classes

?

Other...

I am working long hours, but my grades don't reflect the effort and time expended. *

?

True

?

Not true

I struggle with managing time, assignments and daily chores etc. *

?

True

?

Not true

I have difficulty focusing in class lectures. *

?

True

?

Not true

I have difficulty completing exams successfully in the allotted time. *

?

True

?

Not true

I experience high levels of stress, depression or anxiety, and have sought help. *

?

True

?

Not true

?

If true, please tell us more...

I have already sought support for a learning/studying, behavioral or mental health issue at UNC. *

?

True

?

Not true

?

If true, please tell us more...

I have already sought support for a learning/studying issue at UNC. *

?

True

?

Not true

?

If true, please tell us more...

I have chronic problems paying attention, sitting still, focusing, thinking before acting, managing time and/or task, organizational skills. *

?

True

?

Not true

I have received informal accommodations (extensions for reports, papers, extended time for exams) . *

?

True

?

Not true

?

If true, please tell us more...

Part 3 - Other

Consider whether each statement about your past and current performance is true or not.

I have family members diagnosed with LD and/or ADHD. *

?

True

?

Not true

Teachers, friends and/or family have wondered whether I might have LD and/or ADHD. *

?

True

?

Not true

Part 4 - You must write a minimum of 100 words for this section; submissions not meeting this minimum requirement will be returned.

Be specific and consider the following: > Paying attention to lectures > Comprehending lectures > Note-taking > Test-taking. *

Part 5 - You must write a minimum of 100 words for this section; submissions not meeting this minimum requirement will be returned.

Be specific and consider the following: > Studying > Time-management > Organization > Daily Living. *

Part 6 - You must write a minimum of 100 words for this section; submissions not meeting this minimum requirement will be returned.

What accommodations would help you improve. If you have used accommodations in the past, whether formal or informal, please explain what they were and their impact. *

By submitting this form I understand that (1) a committee comprised of staff at CAPS, ARS and the Learning Center will review information I submitted on this form, (2) the committee will send my name PID and email address to the Office of Scholarships and Student Aid who will determine my eligibility for scholarship funds to cover the cost of a psycho-educational

evaluation, (3) if my submission is approved by the committee and the Office of Scholarships and Student Aid determines that I do qualify for scholarship funds, I will receive an email from a committee member with next steps, (4) if my submission is approved by the committee but the Office of Scholarships and Student Aid determines that I do not qualify for scholarship funds, I will receive an email from a committee member explaining options for pursuing an evaluation independently, (5) if my submission is not approved by the committee, I will receive an email with suggested next steps and resources.

Today's Date *

Month	Day	Year
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Submit

Source URL: <https://ars.unc.edu/students/exploring-evaluation-adhd-or-learning-differences>

Links

[1]

<mailto:psychoedevalfunding@unc.edu?subject=Request%20for%20list%20of%20evaluators&body=Please%20send%20me%20more%20information>

[2] <https://caps.unc.edu/>

[3] <https://studentaid.unc.edu/>

[4] <https://learningcenter.unc.edu/>

[5] <mailto:traciebr@email.unc.edu>

[6] <https://ars.unc.edu/>